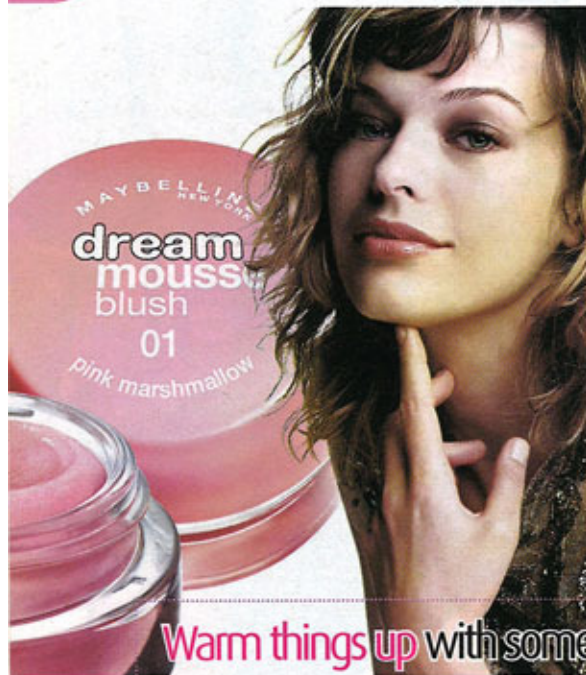


beauty news



Warm things up with some blush

Any idea why we wear blush? Well, one of the theories is that it simulates that certain post-coital flush that men find so attractive. Let him know you have a certain something on your mind this Valentine's by adding a touch of colour to your cheeks. Maybelline's Dream Mousse Blush's (€9.03) air-whipped formulation gives an incredible softness that will give your cheeks a natural flush of luminous colour. Its unique silky texture means you get gorgeous cheek colour that blends like a dream. Simply dab on with your fingers for a sexy finish. Available in leading pharmacies.

This year why not make a present of yourself to that special somebody. With soft, holdable hands, luscious lashes, a flushed, peachy glow, tanned body and full hair, we show you how.

With the right products and a little confidence — you could just be the best pressie he's ever seen!



BY MAIREAD NIC GIOLLA PHADRAIG

Give it a lash

Whether it's his bed or his heart, flutter your way into his on Valentine's with the new Colossal 100% Black Mascara (€9.99) from Maybelline New York.

Lashes are loaded with colour so profoundly black, it draws attention directly to the eyes. While you might know it's down to the collagen enriched formula and the mega sized brush — he'll be none the wiser and just think you are gorgeous! Maybelline New York's Colossal 100% Black Mascara in Super Black (€9.99) from major pharmacies and supermarkets.



Star buy

Body for your hair

Sexy hair is full of body, shine and swing.

If your locks are more lacklustre than luscious, check out the brand new range of Body Full products from the fab Redken range. Start with the Body Full Shampoo (16), a clear shampoo that gently cleanses and detangles while plumping strands and rinsing away styling build-up and deposits that weigh hair down.

Next apply the Body Full Conditioner: Weightless ends detangler for fine/flat hair (18). Finish with the Body Full Volume Amplifier: Thickening lift spray for fine/flat hair (23.80) for touchably soft fullness all night long. Redken Range available salons



I wanna hold your hand

What better way to start a romantic evening than a little handholding? Of course dry skin is not the feeling you want to give to your loved one. Treat yourself to Yes To Carrots Pampering Hand & Nail Spa (€14.95), a hands down winner when it comes to nailing winter-ravaged hands.

Fake your way to feeling super-sexy

Forgive us for being personal, but if you are planning on giving him a little naked surprise this Valentine's, don't forget a little colour to make to you feel sexier and look slimmer. As far as we are concerned, there is only one fake tan in the entire universe that we really trust — Bronz' Express. Bronz' Express Bronzing Lotion (€20.95) available salons and pharmacies.

